

**Canadian Orienteering Federation  
Board of Directors Meeting  
March 15, 2009**

**In attendance via conference call:**

Charlotte MacNaughton, Andrée Powers, Ian Sidders, Mark Rosin, Alex Kerr

**Not in attendance:** Paul Looker

**Quorum present?** Yes

**Chair:** President Charlotte MacNaughton

Meeting called to order by President Charlotte MacNaughton

Charlotte MacNaughton agreed to act as **Secretary** for meeting.

**AGENDA**

1. Approval of agenda
2. Approve minutes of previous meeting
3. Items requiring board action
  - 3.1. Changes to category guidelines for championship events
  - 3.2. Condensed course format for smaller events
4. Updates
  - 4.1. 2009 conference schedule confirmed, still have Friday am topic to determine.  
<http://www.orienteeing.ca/conference2009.htm>
  - 4.2. 2009 selection races  
FWOC will host selection races May 23-24. Ad-hoc committee of Magnus Johansson, Marie-Cat Bruno, Hans Fransson, Ross Burnett, Adrian Zissos and Charlotte to discuss 2010 selection and Magnus and Charlotte to work on new selection policy.
  - 4.3. Newsletter in progress
  - 4.4. Teachers kit
  - 4.5. Officials program
  - 4.6. Volunteer award (de St. Croix family likes idea of naming award after Pat)
  - 4.7. WRE event advisor clinic  
Considering a clinic in eastern states in the fall 2009; definitely during NAOCs in July 2010, have approached Jim Webster about logistics.
  - 4.8. COF strategic plan
  - 4.9. Athlete agreement
  - 4.10. Rule revision
  - 4.11. March 31 year end – any receipts need to come in.
5. Next meeting
6. Adjournment

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1. Approval of agenda  
Moved by Mark. Seconded by Alex. Carried.
  2. Approve minutes of previous meeting  
Moved by Ian. Seconded by Brent. Carried.
  3. Items requiring board action
    - 3.1. Changes to category guidelines for championship events  
COF Board has given approval for last 2 COC organizing committees to deviate from the course guidelines by having M45 run on Course 5 and W20E to run on Course 4 in the sprint.  
Moved by Alex to make these changes permanent in the guidelines. Seconded by Andree. Carried.  
Alex wondered if M45 should be running Course 8 instead of 7 in the long/middle, Will discuss at a future meeting. Charlotte to ask Adrian, WRE advisor at last 2 COCs if this has been an issue.
    - 3.2. Condensed course format for smaller events
      - Any events can use championship guidelines as above. If there are enough registrants, would like to see the championship guidelines used.
      - Difficult to condense without large compromises to a few categories, but there are events without the numbers to warrant 10 courses for middle/long and 5 courses for sprint.
      - Brent mentions that elites have so few opportunities to run long events in Canada, but they need the training at those distances to compete internationally. Support for the idea to encourage course planners to plan courses so that long advanced course uses a map exchange and combines 2 of the shorter advanced courses.
      - Suggest that COF provide guidelines for smaller A meets and also for B meets.
      - Need to clarify that A meets require sanctioning from the COF and are required to certify officials at various levels. A meets need to follow either the condensed A meet format or the championship guidelines.
      - Do you base the winning time on the fastest class on the course? Alex has feedback from older orienteers who are fine with the winning time being based on the fastest in the class; they are happy to be out there for longer.
      - Decision to stick to 7 course guidelines with suggestions for changes (eg extra loops for M21E, M75 to course 4 if they are inclined to walk, not run, etc.)
      - Sprint for condensed format: suggest to leave at 5 courses.
      - B meet guidelines, sprint will have 3-4 courses, middle/long will have 4-5 courses.
      - Alex and Will draft some guidelines for smaller A meets. Charlotte will draft some guidelines for B meets, will encourage organizers to use these this season and provide feedback.

#### 4. Updates

- 4.1. 2009 conference schedule confirmed, still have Friday am topic to determine.  
<http://www.orienteeing.ca/conference2009.htm>  
Suggestion for Friday am topic: Info sharing session, ask each province/club/individuals to bring forward an innovative idea, piece of technology, new type of event, etc. (could also be a poster-board type presentation that would be on display all week)  
Maybe have national team do quick recap of WOC the previous week. Charlotte to ask organizing committee if they would be interested in having 15-20 minute national team presentation at banquet
- 4.2. 2009 selection races  
FWOC will host selection races May 23-24. Ad-hoc committee of Magnus Johansson, Marie-Cat Bruno, Hans Fransson, Ross Burnett, Adrian Zissos and Charlotte to discuss 2010 selection and Magnus and Charlotte to work on new selection policy. With input from Brent as well.
- 4.3. Newsletter in progress  
Charlotte will follow up with Paul re newsletter progress. Include content re Marie-Cat at Ski-woc.
- 4.4. Teachers kit  
Mark has 22 pages of draft to date. Asked for direction on various issues: suggest talking about manual and electronic punching so that participants know that e-punching exists; yes intro different map colours; yes intro pace counting, aiming –off, catching features, handrails, info about other disciplines in glossary. Will include links to associations, clubs. Intro them to concept of control descriptions.  
Wants to have this ready for beginning of July.
- 4.5. Officials program  
A meet manual revamp is close to complete. Need to follow up re JP's park meet manual revamp in Calgary. Don Riddle and Kim Kasperki to potentially help with B meet update. Need to gather wider feedback on revisions, then get group together to talk delivery implementation. Brent will forward JP's draft to Alex. Need update in the newsletter about the revamp. Andree will follow up with Don/Kim.
- 4.6. Volunteer award (de St. Croix family likes idea of naming award after Pat)  
Charlotte will follow up with Paul re draft. Last meeting talked about having provinces nominate individuals.
- 4.7. WRE event advisor clinic  
Would like to have one clinic as part of NAOCs in July 2010, have approached Jim Webster about logistics. Charlotte to talk with Cristina at USOF.
- 4.8. COF strategic plan  
Charlotte has talked with Wayne Hellquist, Need to determine 4-5 high-levels outcomes that we want to accomplish (eg host a world championships or to be financially sustainable, etc). After agreeing on those 4-5 high level outcomes then we would figure out the core strategies to get those outcomes. Need to put planning time at future meeting towards this.
- 4.9. Athlete agreement  
Charlotte and Brent working on next draft after getting feedback from osquad. Ball is on Charlotte's court re the next draft. Need to get COF Board to formally OK the documents when it's ready.

- 4.10. Rule revision  
Will send out draft from last summer to get more feedback. Need to look at which rules we can take out and let IOF rules prevail. Mike will create next draft on his own, then circulate for feedback.
- 4.11. March 31 year end – any receipts need to come in.  
Andree working on finalizing affiliation fees and the insurance fee amounts to the associations. Need to see how we can facilitate information collection that we need from clubs/associations for our insurance requirements. Need to ask clubs/associations about how to best collect that information. Need to discuss this with clubs/associations. Action to Charlotte / Andree. COF to create a form or provide a template? Get it directly from meet directors immediately after events, or clubs to collect the info.
- 4.12. Other  
Like idea to post current project list on COF website and who is working on what projects need more manpower involved. Need to figure out how we can recruit non-board members to help with tasks – eg insurance coordinator.
5. Next meeting  
Tuesday, April 14: 5:00 pacific; 6:00 mountain; 8:00 central; 9:00 eastern. 90 minute max to Brent can get to his coaching commitment.
6. Adjournment  
Moved by Mark.