

**Canadian Orienteering Federation  
Board of Directors Meeting  
Dec 2, 2008**

**In attendance via conference call:**

Charlotte MacNaughton, Andrée Powers, Ian Sidders, Mark Rosin, Alex Kerr

**Not in attendance:** Paul Looker

**Quorum present?** Yes

**Chair:** President Charlotte MacNaughton

Meeting called to order by President Charlotte MacNaughton

Charlotte MacNaughton agreed to act as **Secretary** for meeting.

**AGENDA**

1. Approval of agenda (we didn't do this)
2. Approval of Minutes of the Oct , 2008 meeting. Moved by Alex. Seconded by Ian. Carried.
3. Board update. Brent was just confirmed at the athlete representative. Will be a full Board member from he on in. Charlotte will add him to all Board communication.  
Will follow up with Wayne and SK Orienteering Association regarding Wayne's membership status.
4. 2009 plan > The goal for this meeting is to outline priorities for the COF in 2009. Key outcomes of the discussion are outlined here:

2009 Canadian Orienteering Federation Priorities

<b>OFFICIALS PROGRAM UPDATE</b>
---------------------------------

This is the COF Board's top priority in 2009. Our official program is out of date and we need to revamp the system before we can do a major push to get all organizers across Canada certified. Major tasks include:

- Confirm framework for new program by TBD
- Confirm teaching methods for various levels by TBD
- Create / upgrade content for various levels by VARIOUS DATES TBD
- Confirm process for monitoring/maintenance officials database

Major 2009 outcome: teach one or two new clinics at COF conference at end of August in Manitoba

Champion: Alex, Andree, Ian

<b>GRASSROOTS DEVELOPMENT</b>
-------------------------------

What can the COF do to facilitate more people coming to the sport and to provide assistance to clubs that are working to get new members/participants.

- 1) Creation of a "teacher's kit" that someone can access from the COF website. Target market is teachers, cadet/guide/scout leaders, church group, camp counselors, etc who want to set up a simple orienteering event. This kit will give them to basics to organize

that event.

Major 2009 outcome: Kit completed in 2009

Champion: Mark R

- 2) Creation of promotional templates that clubs can use for posters, brochures. Catchy and professional looking graphics. Club can personalize for local events, etc.

Major 2009 outcome: Templates created and distributed to clubs first half of 2009

Champion: Charlotte

- 3) Better "best practices" information on the COF website. Facilitate more information sharing on the COF website: waiver wording, registration info, etc so that clubs are constantly re-inventing the wheel. Ask clubs/associations what info (or other things) would be useful for them.

Major 2009 outcome: Best practices presence on COF web site created and well-promoted

Champion: Charlotte

- 4) Push to create stronger National Orienteering Week presence.

Major 2009 outcome: tbd

Champion: Charlotte

#### **COACHING DEVELOPMENT**

The new community coaching program is up and running. Need to get more coaches certified in Canada encourage a greater acceptance of coaching and coaching education in orienteering in Canada. Need to continue with development of next level of the new coaching program. Creation of an orienteering-specific athlete development model (LTAD).

Major 2009 outcome: to be determined. Creation of orienteering LTAD in 2009. DVD to go with community coaching program created (with intro to o component too)

Champion: Bill Anderson – but also needs a champion re general promotion of orienteering coaching

#### **POLICY DEVELOPMENT**

Major goal is to have solid COF policies in place. Also to have required policies for Sport Canada funding application.

Major 2009 outcome: Various policies revamped by AGM as required and end of 2009.

Champion: Charlotte for now

#### **HIGH PERFORMANCE DEVELOPMENT**

Need for more structure and planning around the high performance program. Orienteering-specific LTAD will assist in this area too. Planning re elite ski-o and mtb-o development in Canada required as well. Need discussions and decision re funding, how best to spend money for

high performance development.

Major 2009 outcome: long-term HPP goal stated and plans implemented to move towards goal. Policy creation needed in the HPP area.

Champion: Brent

#### **RULES**

Need a significant revamping of the COF rules. Need to clear up ambiguity re misplaced controls/role of jury. Need ski-o and mtbo-rules/guidelines for Canada.

Major 2009 outcome: new rules voted on at the agm.

Champion: Mike Smith. Need champions re ski-o and mtb-o

#### **OTHER SIGNIFICANT to-dos in addition to normal COF administration tasks**

- COC organizer guidelines from the COF
- Publish great quality COF newsletter 3x/year
- Investigate other funding sources
- Ensure movement towards fulfilling requirements for sport Canada funding application

5. Next meeting. Agreed to next meet Tuesday Jan 20, 2009

6. Adjournment. Moved by Andree.

## **COF Officials Program draft framework**

Finishing all the components of a level certifies an individual to organize:

Orienteering 100	a park event / a typical Wednesday evening event
Orienteering 200	a forest event / a typical B meet
Orienteering 300	a typical A meet and provincial, western/eastern provincial championships
Orienteering 400	a Canadian or North American championships
Orienteering 500	to be an event advisor at a World Ranking Event (as well as experience with championship events and recommendation from the COF, see IOF web site for details)

### **Orienteering 100**

An evening long course (partly on-line?) to provide all the basics to put on a simple park event (a typical Wednesday night meet).

(No prerequisite) (Practical component required)

### **Orienteering 200**

A two day course (partly on-line?) to prepare the official to be able to organize a forest event (a traditional B meet). Essentially an updated version of the current Level 1 officiating course.

(Prerequisite: Orienteering 100 or orienteering experience)

(Practical component required)

### **Orienteering 300 and 400 MODULES**

(some mandatory for all, some mandatory only for officials working in that area)

- Course planning theory – basic
- Course planning theory – advanced
- Advising (event controlling)
- Meet Directing (including promotion, sponsorship, media)
- Electronic timing – basic
- Electronic timing – advanced (electronic timing software)
- Mentoring
- Map updating, mapping, OCAD
- Start and finish procedures
- Instructing officials courses
- Volunteer Management
- Rules and jury
- Rescue, risk management, safety (likely as part of 100 and 200 levels)
- Other?

Mandatory for those organizing events in these disciplines:

- Ski orienteering
- Mountain bike orienteering
- Trail orienteering
- Rogaine

### **Orienteering 500: World Ranking Event Advisor Clinic**

A two day course (partly on-line?) taught by an IOF instructor.

(Prerequisite: Have experience as a key official at national/north American championships)